



# BAR HILL NEWS



Brought to you by the Bar Hill Community Association  
July 2023 Issue 647



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**BAR HILL VILLAGE FÊTE & FESTIVAL IS COMING ON  
SATURDAY 8TH JULY AT 2PM**

If you'd like to purchase a programme please email [feteandfestival@barhill-ca.org](mailto:feteandfestival@barhill-ca.org) or come to the Community Association stall on the day



Every Monday, 10- 12 (unless otherwise listed) in the Octagon (opposite Maple Surgery)  
The Hub is for villagers of all ages as a place to gather & enjoy community!

03-JULY	Coffee Stop, Foodbank, Citizen's Advice & Meet a Parish Councillor	Health & Wellbeing 10:15 -10:45
10-JULY		Carers Café 10-11:30
17-JULY		Health & Wellbeing 10:15 -10:45
24-JULY		Language Teaching Pre-registration only
31-JULY		

**WHAT:** Are you worried about energy costs, keeping warm, comfortably working from home? The Hub is extending its services to provide a comfortable, warm space to all those who need it. Come along and join us; we look forward to seeing you.

**Coffee Stop:** Pop in for a coffee, a piece of cake and a chat with friends, old and new!

**Food bank:** If you are struggling financially, drop by and let us help you

**Citizens Advice:** we have 9am and 10am appointments, please either email:

**barhilladvice@gmail.com** or, send a PM: Kevin Potts using Facebook Messenger or, phone: and leave your details **0800 088 6522**

**Health & Wellbeing:** On the 1st and 3rd Monday of the month, take advantage of some exercise guidance from our experienced coach and visiting speakers

**Carers Café:** On the 2nd Monday of the month, by Maple Surgery, who will be providing support for any carers in the village, even if you are not a patient of Maple Surgery

**Meet a Parish Councillor:** you can meet one of our Parish Councillors to discuss any issues within our village, between 10am and 12pm within the Coffee Stop.

**Language Training:** By prior registration only.

Contact: **0800 088 6522** or email: **barhilladvice@gmail.com**

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# BAR HILL COMMUNITY ASSOCIATION



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<b>Treasurer/ BHN Advertising</b>	Hilary Whipp
<b>BHN Editor</b>	Andy Pellew
<b>Features Editors</b>	Liz Dams, and Bridget Wilson
<b>Trustees</b>	
Bunty Waters	Jo Hall
Anthony Mitchell	Kate Da Costa
Barry Dean	

If you'd like to contact the BHCA then you can either write to us **c/o Bar Hill Parish Council Offices, Hanover Close, Bar Hill. CB23 8EH**, email **[chair-of-trustees@barhill-ca.org](mailto:chair-of-trustees@barhill-ca.org)**, or call **07814 871752**.

We meet monthly on the second Tuesday at 7:30 pm in the Social Club. If you'd like an agenda please get in touch!

Opinions expressed in this publication are not necessarily those of the Association. Anonymous letters will not be published. Names and addresses may be withheld. There is no charge for Articles, What's On, For Sale or Lost and Found. These appear at the Editor's discretion.

All items should be submitted to **[bhn-editor@barhill-ca.org](mailto:bhn-editor@barhill-ca.org)**

**See [www.barhill-ca.org](http://www.barhill-ca.org)**

## Bar Hill Food Trucks

If all goes according to plan, Bar Hill will see Food Trucks in Viking Way (at the dead end near the GP Surgery) each Friday and Saturday evening. Usual service times will be 5pm to 8pm. Details of visiting trucks will be published in the BH News and on social media - in July we hope to take your taste buds on a tour of China, Thailand, Jamaica, Sri Lanka and Italy! More details will be on social media and on the Parish Noticeboard nearer to the time.



Please support us by ordering locally, take litter home with you and keep noise to minimum when visiting the Food Trucks. Watch this space for a calendar of food options for August and September.

# DRAKE

## Heating and Plumbing

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## LETTERS, NOTICES & ANNOUNCEMENTS TO THE EDITOR

Please send your letters & notices to [bhn-editor@barhill-ca.org](mailto:bhn-editor@barhill-ca.org). Thank you!



### 'Lest we Forget' Bench

I have now raised enough money for the 'Lest we forget' bench which will shortly be sited just outside the Memorial garden. This would not have been possible without the generous donations from the following people, organisations and businesses:-

Bar Hill Community Association, the family of Mr A Shubotham, Domino plc, Bar Hill Motors, Bar Hill Parish Council, Mr & Mrs M Cox, Mrs B Waters, Mr & Mrs I Arrowsmith, Mrs A Duce, Mrs A Aves, Mrs J Kempson, Mrs R Dale, Mr & Mrs Washbourne, and Tesco for supplying a hamper for our raffle.

This will be a lasting memory for all our heroes past and present.

Maggie Cox

### FOR SALE: (for Happy Hours)

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Contact email: [anne@rwp10.plus.com](mailto:anne@rwp10.plus.com) or Tel: **01954 780364** (answerphone)

### Dear Residents

As you might have seen the government has reached a decision regarding the East-West Rail route from Bedford to Cambridge.

This is a nationally important piece of infrastructure, and we have been supportive of the principle of the rail link between Oxford and Cambridge for many years.

It was very encouraging, earlier this year, to hear the renewed commitment to the project from the government.

Now that we have them we are keen to study the detail of the proposals, and are also seeking to learn whether the calls for the line to be electric from the start have been heard.

If you have any questions, or would just like further information, please don't hesitate to get in touch.

Thanks,

Edna Murphy

[edna.murphy@cambridgeshire.gov.uk](mailto:edna.murphy@cambridgeshire.gov.uk)

### 8 o'clock club

The club is a women's group who meet on the 1st Thursday of the month at 7.30pm in the school.

At our next meeting on Thursday 6 July the speaker will be from The Bobby Scheme who are a charity supporting older and vulnerable people to stay safe in their own homes.

We welcome new members and if you are interested, please come along to one of our meetings or contact Barbara **204171**, Adela **204265** or Ann **204687** for more details.



## Reliving Automotive Glory at the Fox

Just as the sun decided to show itself the first Car & Motorbike Meet was held on a quiet Friday in the car park of the Fox featuring a range of classic, vintage, as well as sports cars.

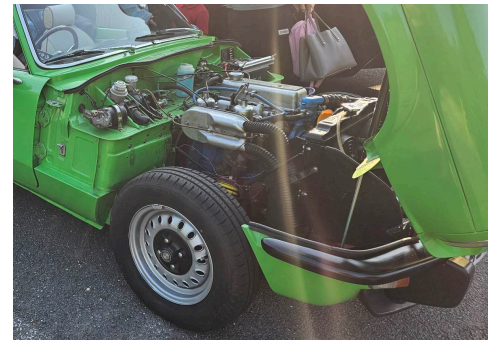


Automotive enthusiasts and history buffs eagerly gathered at The Fox pub for celebration of the timeless charm (and occasionally the raw power!) of motor vehicles. What will hopefully turn into a regular gathering (see the meeting dates on page 39) was very well attended; both with vehicles and enthusiasts keen to have a look.

Those interested were able to walk around



the remarkable collection of vehicles, talking with the owners, exchanging anecdotes, and marvelling at these machines maintained meticulously in all their glory.



“It was really nice to see everyone out enjoying themselves”, said Claire the owner of a vintage Austin Princess (pictured bottom right), “Even the sun came for a visit and stuck around!”

Many more vehicles that were pictured here attended, if you’d like to see more (and in full colour!) then there is a gallery published on the BHCA website here;

**<https://www.barhill-ca.org/village-archive/events/car-motorbike-meet-june-2023>**

The beautiful weather certainly helped the event, as did the Friday Night Pizza van!

The next gathering is scheduled for the 14th July. Looking forward to seeing even more people there!





# Yoga For Seniors

Join yoga summer school for seniors: 3 times a week during the period July 17th / August 11th at the Bar Hill Church Main Hall.

Send an email to Sofija at [sofijapq@gmail.com](mailto:sofijapq@gmail.com) for more details and registration



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## Bar Hill Church Knit & Natter

We continue to meet regularly on a Thursday afternoon from 1.30 until 3.00pm at The Octagon. All are welcome.

As a well established friendly group, we enjoy knitting and are all very good at "nattering".



Our aim has always been to welcome and encourage people to join and meet old friends and make new ones. Also to encourage people to use their knitting skills to make things that other people need anywhere there is a need.

We have made vast quantities of baby clothes, scarves and hats for children and adults wherever the need arises in this country or another. We recently made a number of blankets to go into Food Bank parcels at Christmas.

We are always very grateful for donations of wool for our projects if anyone has any spare.

Thank you for recent donations they are greatly appreciated.



During our afternoons together, as well as knitting and nattering, we have a regular exercise slot when Wendy

keeps us stretched and strengthened with fun exercises. (soon after that we have tea and cakes !!)

Are you interested in joining us? Either phone me or just turn up on a Thursday afternoon. We look forward to seeing some new faces as well as our lovely familiar ones. P.S. You don't have to be able to knit to join us, we are very happy with nattering. Sue Kenchington **780260**.

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# BAR HILL DISTRICT COUNCILLOR'S REPORT

Cllr Bunty Waters - [bunty.waters@ntlworld.com](mailto:bunty.waters@ntlworld.com)

01954 201421/ 07734 690580



Welcome if you are new to the village, meet me in the HUB on Monday mornings for a coffee, you can contact me if I can help in any way or you would like more information

## **Support for residents during the cost-of-living crisis**

South Cambs Team have created a new leaflet advising residents of support available during the cost-of-living crisis. There is a push this year to encourage more people to apply for Council Tax support as many who are eligible for this scheme are unaware it exists.

We are supporting working age residents with a more generous localised council tax support scheme from April 2023. You can use the calculator on the South Cambs website to give you some indication if you would qualify and the amount you may receive. Alternatively, you can call **01954 713000**.

## **Cambridgeshire Fire and Rescue Service**

Cambridgeshire Fire and Rescue Service is required to create a 3-5 year plan that identifies the fire and rescue related risks in the county and how they will mitigate them, as well as identify opportunities to continue to improve the services they deliver to local communities.

In preparation for their next plan, for 2024/29, they are seeking the views of people in Cambridgeshire and Peterborough



so their thoughts and expectations can also be reflected in how services are delivered in the future.

CFRS have put together a set of questions that will provide valuable information about what residents and business owners in Cambridgeshire and Peterborough expect of their local fire service as well as gathering their thoughts and views on different risks and situations. This information will be used to help ensure resources are targeted in the most effective way.

Here is a link to the survey: <https://bit.ly/43pzLHU>

CFRS would be really grateful if you could please take a few minutes to complete the survey and share it with any networks / contacts you may have. Anyone who completes the survey and leaves their email address will have the chance to win one of three £50 shopping vouchers.

## **New funding for community electric vehicle chargers in South Cambridgeshire**

Electric vehicle charging will become easier across the district thanks to a new grant for public charging points for village halls and community buildings. Grants of up to £5,000 each are available from South Cambridgeshire District Council towards the cost of installing an EV charger at community buildings.

[www.scambs.gov.uk/new-funding-for-community-electric-vehicle-chargers-in-south-cambridgeshire/](http://www.scambs.gov.uk/new-funding-for-community-electric-vehicle-chargers-in-south-cambridgeshire/)

# Bar Hill Church news

## Services

Sun 2 July, 10:00 am	Holy Communion (Anglican) led by Revd Wendy Wale
Sun 9 July, 10:00 am	All Together Worship led by Richard Lewney and Heather Smethurst
Thur 13 July, 10:00 am	led by Revd Wendy Wale
Sun 16 July, 10:00 am	Holy Communion (Baptist) led by Revd Paul Hills
Sun 23 July, 10:00 am	Café Church led by Heather Smethurst and Wendy Wale
Sun 30 July, 10:00 am	Quaker meeting led by Celia Waterhouse

Sunday morning services can also be attended via Zoom: meeting id 882 9761 3899, password: 284740.



## Other activities

The Community Hub, run in partnership with Bar Hill Community Association, meet in the Octagon 10:00 - 12:00 on Monday mornings. (See the separate Community Hub page for more detail.)

The Olive Tree Bereavement Support Group meet in the Octagon, 10:30 - 12:30 on the second Saturday of each month.

The Art Group meet every week on Wednesday afternoons and the Craft Shed group meet on Thursday mornings.

## Contacts

Church Office: Ian Farr, 01954 206120, [church.office@barhillchurch.org.uk](mailto:church.office@barhillchurch.org.uk)  
Working hours vary but usually include Monday, Tuesday and Wednesday mornings.

Minister: Revd Wendy Wale, 07780 828865, [minister@barhillchurch.org.uk](mailto:minister@barhillchurch.org.uk)  
Working days are Monday, Tuesday, Thursday and Sunday

Website: <https://barhillchurch.org.uk>

Facebook: <https://facebook.com/barhillchurch>





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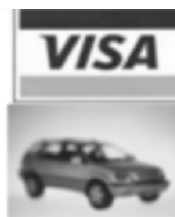
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## Rhymetime & Lego Club

All sessions are free of charge and don't need booking, just come along with your children!

- Rhymetime is every Tuesday (during term time) 2.30-3pm



- Lego Club is monthly, 2nd Wednesday of the month (term time only) 3.30-4.45pm

## Bar Hill Tennis Club

### NEW SEASON

**[www.barhilltennisclub.co.uk](http://www.barhilltennisclub.co.uk)**

Have summer and Wimbledon whetted your appetite to try tennis? Our Club night season is now fully underway and we welcome players of all abilities. Why not give tennis a try this year!!

Our membership rates are very competitive and membership entitles you to play at any time.

Check out our website for details!

What better way to welcome the better weather than enjoying a game of tennis!

Membership entitles you to play at any time throughout the year until 31.3.24 as well as at our Tuesday and Thursday club nights. There is an active WhatsApp group for members to share information and find playing partners.

If you would like a "taster" your first visit to our Club nights is free and we welcome players of all abilities – why not give it a try. Tennis is an excellent way to keep fit and enjoy the summer evenings in a relaxed and friendly environment.

Courts can also be hired for private play via our website.

Our Adult Club nights are Tuesdays & Thursdays 6.30 to 9pm through to autumn and beyond if the weather is favourable. We look forward to seeing you!

CONTACT:

Paul Chubbuck (Secretary) **07983 435104**  
**[info@barhilltennisclub.co.uk](mailto:info@barhilltennisclub.co.uk)**

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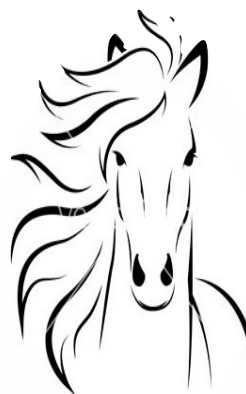
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## HAPPY HOURS - July 2023

The Bar Hill Happy Hours club meets in the main bar area of the Bar Hill Sports and Social Club between 2 and 4pm on Friday afternoons for tea/coffee and cakes, getting together with friends, fun and games. All of this for only £2 per person. The bar is open if you want something extra.

We are looking for new members to join us, so if you are 50 or over, want to get out, see some old friends, meet some new ones and have some fun why not come along and join us.



Coming up in June/July:

**30th June: Bingo and a Quiz**

**7th July: American theme**

**14th July: French theme**

**21st July: Fun Quiz**

**28th July: Bingo and a Quiz**

If you give us a try your first week is free.

Anne Plumb, Tel: **01954 780364**, email:

**[anne@rwp10.plus.com](mailto:anne@rwp10.plus.com)**

## Bar Hill Catholic Mass

*Celebrating our love of God – Meeting with friends – Volunteering*

From 7th January 2023 Mass will be held in Bar Hill Church at 6pm on Saturdays. Our services are open to all and everyone is very welcome to attend.

If you have any queries please call Bunty Waters **07734 690580** who will be happy to help.

Our local parish priest is Father Adrian Gates, from OLEM, Ditton he is also the Hospital Chaplain - he can be contacted on **07842 190882**.

We look forward to welcoming you!



# A. Denton

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## Bar Hill Neighbourhood Watch

*working for a safer community*



To contact Neighbourhood watch please email  
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To keep up to date on the latest developments  
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Bar Hill Day Nursery is based in Gladeside, Bar Hill. We are open 7.30am – 6pm, Monday to Friday, 50 weeks per year. We have spaces year-round or term-time for children aged 4 months to 4 years. Please contact the Nursery for more information or to arrange a visit. **Phone: 01954 488081 Email:**

**info@buttercupschildcareltd.co.uk**

Bar Hill Out of School Club is based in the building next to Bar Hill Primary School. We offer Before and After School care and Holiday Club for Primary aged children. We are open 7.30am – 8.45am, 3pm – 6pm Monday to Friday and 8am – 6pm during school holidays. For more information or to make a booking please contact the Out of School Club: **Phone 01954 200814 Email: oosc@buttercupschildcareltd.co.uk**



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## Community Feature - Jess and Ella Pet Services

Today I met two lovely young women who decided to take the plunge and pursue their dream of running their own pet care business. Animal lovers Jess and Ella, are born and bred Barhillians, and have known each other since they were children. They both studied at the College of West Anglia for a level 3 extended Diploma in Animal Management, but it wasn't until they worked at the same dog day care centre that they became friends. Their fledgling business was set up in April this year and, after only one month, they had amassed 40 clients.



Jess and Ella offer a wide range of pet care services for a wide range of pets. Anything from a half hour drop-in visit to spend time feeding your rabbit or keeping your cat company, to up to 2 days house-sitting. They are licensed to walk your canine pack of up to 6, or one dog on its own. Their visits tend to last 30 minutes or one hour, but Jess and Ella will be flexible to suit their client's needs.

The pair have full public liability insurance, and are also covered to transport your dog if necessary. For example, they sometimes drive suitable dogs for a run in the secure dog fields at Barton or Coton. Between

them they have qualifications in dog behaviour and are confident to give medications. They can supply references and give access to many glowing testimonials from their Facebook page.

These, bright, knowledgeable women, who describe themselves as "Caring and compassionate, with a bit passion for dogs!", told me they had gained the experience and confidence needed to work with a wide range of animals and have often cared for 30 to 40 dogs at one time at the dog day care centre. They can offer advice to their clients on walking dogs on a lead and dog behaviour at home.

You can contact Jess and Ella via their Facebook face - Jess and Ella pet services or email them at [\*\*jandedogs@outlook.com\*\*](mailto:jandedogs@outlook.com)

Alternatively, if you would rather speak to them directly, you can phone Ella on **07539 340194** or Jess on **07702 568415**.



Would you like to recommend someone to be next month's community feature? If so please contact [\*\*bhn-editor@barhill-ca.org\*\*](mailto:bhn-editor@barhill-ca.org).

**By Bridget Wilson**



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# BAR HILL COUNTY COUNCILLOR'S REPORT

Cllr Edna Murphy - [Edna.Murphy@cambridgeshire.gov.uk](mailto:Edna.Murphy@cambridgeshire.gov.uk)

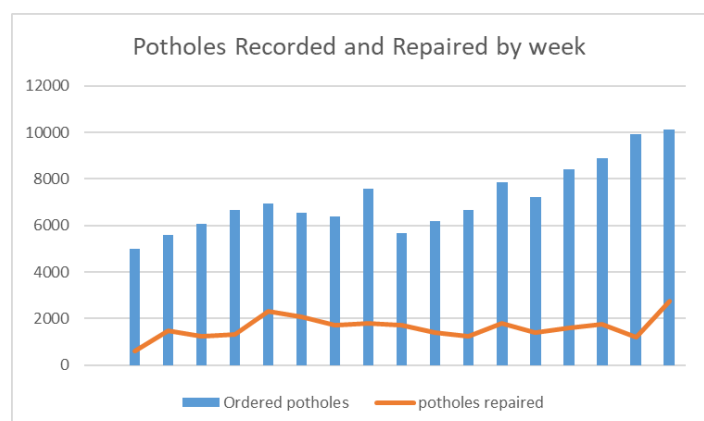
01223 577005



## More on potholes and the condition of the roads

As everyone can see this is still a huge problem throughout Cambridgeshire, but there is progress which you may be interested to know about.

A recent snapshot of the situation in Cambridgeshire in one week showed there were 10k potholes recorded, and 2.7k repaired. The same time last year the number of potholes recorded was half this. There are problems throughout the country but in Cambridgeshire there are particular difficulties in South Cambs and Cambridge. The real problem is the legacy of long-term underinvestment in road repairs, which makes roads vulnerable to defects. Add extreme weather and the defects appear. Current economic conditions and in particular inflationary cost increases across the highways maintenance industry (20-25% pa) mean that we have a lot more to do with a lot less. The picture since Christmas is below:



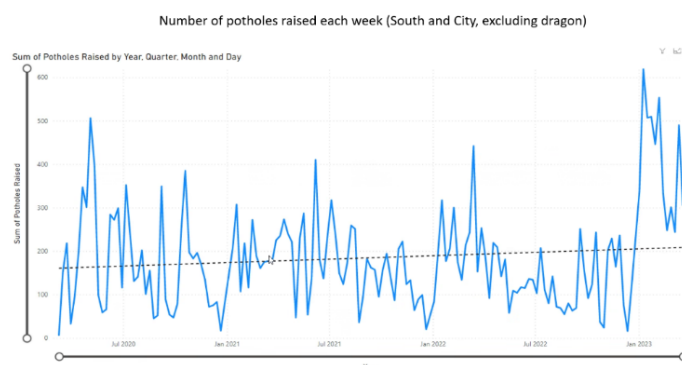
What County officers have done is:

- work intensively with delivery partners, Milestone, and with the supply chain to secured additional resources relatively quickly
- the resources that have gone into pothole

repairs has increased – double the teams fixing potholes and the number of ‘dragon patchers’ has increased from 2 to 5

- recognise that the supplier contract we have inherited is poor and must change, it is especially weak on Quality Monitoring of the contractor’s work.

A positive note is that we have deployed a more sophisticated surveying technology which can detect clusters of defects before they become fully fledged potholes, and feed the information to repair teams. Not only is this preventive work cheaper it helps prevent all the disruption experienced in the future. This will be worked on over the summer and autumn ahead of next winter.



Thank you to everyone who has highlighted issues, and please keep logging the faults in the County’s reporting system as this really helps officers to organise their work.

[highwaysreporting.cambridgeshire.gov.uk](https://highwaysreporting.cambridgeshire.gov.uk)







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## Wildlife Gardening in July

Hot weather is expected to return, so it's important to help support our wildlife now and in the months ahead.

We can encourage nectar production by keeping some flowering species like single dahlias, single fuchsias and Verbena well-watering and deadheading regularly. Nectar flow can slow if plants get really thirsty, and flowers can run to seed.

We can also help by creating a rehydration station. This is very easy to do by leaving saucers of water in your garden for wildlife to sip from and play some pebbles in them to eat insects and smaller birds.

Leave overgrown plants for shade. Avoid tidying the garden, leave wildflower meadow grass, increase logpiles, and leave plants that have gone to seed in place. They are relished as a shelter and as nesting supplies while the seeds are highly prized by birds such as goldfinches. Watch out for toads and frogs that have to escape the heat when digging.



## Bar Hill Football Club

It has been a busy few months for our club and the next couple of months look like being even busier despite the summer break.

As detailed in last months edition, our Sunday team still needed points to avoid relegation as we approached the business end of the season. I am pleased to say that we maintained our league status, with the highlight being a 4-1 victory over our nearest rivals Longstanton FC (aka the B1050 derby). Once again, a big thanks to our managers Lloyd Wills and Josh Davies for their efforts this season and an added mention to Matt Lee - our unofficial "Director of Recruitment".

I write this having just returned from the Cambs FA Headquarters in Histon with our new Saturday team manager, Sam Deards. Cambs FA officials asked us questions to ensure the club are resourced to join the league, pitched at the right level (league), and generally fit for purpose. The FA were particularly pleased that we are now working closely with Bar Hill Colts and informed us that they are pleased to accept us into the Saturday league.

So a new chapter in our history will commence in September. Sam Deards and his number 2, Dom Swindell, will manage the team and have been busy planning for the new season. Training will start on



Tuesday 27th June on the village green - all players interested in playing Saturday or Sunday football are welcome to come along. If you want to know more about training or the club in general please get in touch.

A lot of work has been going on in the background and we have two new kits for the new season. The Saturday team will be playing in blue, this demonstrates our commitment to working with Bar Hill Colts who also play in blue. Our Sunday team will be playing in our traditional black and white. A big thanks to our sponsors :

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We are also working in partnership with Bar Hill Social Club who have kindly agreed to pay our fees for the upcoming season and will also be laying on food for both teams (Saturday home fixtures). As soon as next season's fixtures are available for both teams, I will provide a link within our monthly articles detailing all fixtures. It would be great to see you all at matches, the players really do appreciate your support.

We also hope to see you at Bar Hill Village Fete on Saturday 8th July. We are hoping to have inflatables and other football related activities so please come and find us on the day. More news next month.

Stan Williams **07564 817786**



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## Olive Tree Bereavement Group

Our next meeting for members will be on Saturday 8th July 2023.

This will be held in The Octagon on the second Saturday of the month as usual.

We are a small, welcoming and supportive group where you can talk freely about your bereavement knowing that anything said at the group will be understood by others also suffering a bereavement and will be confidential.

We welcome all newcomers and would prefer in the first instance to see them before the main meeting so we will be able to welcome, guide and brief them on the type and shape of the meeting. The subject of each meeting is largely guided by the needs of the group members.

As leaders, we are CRUSE trained and along with the group will offer a warm and understanding welcome to explore issues of loss, pain and moving forward.

If you are wondering if the group is right for you, please contact one of us. We will be pleased to discuss your needs.

Sue Kenchington **780260**, Chris Stannard **781978**, or Maggie Cox **488657**.



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## **Sustainable Travel Zone / Congestion Charge by Cllr Edna Murphy**

The public response to the Making Connections (Sustainable Travel Zone / Congestion Charge) consultation has now been published.

More than 24,000 people responded to the consultation, which proposed measures to transform the bus network alongside better walking and cycling infrastructure that would be funded in the long term by the phased introduction of a congestion charge for Cambridge.

The key findings and the wide-ranging views—both in favour of and against the proposals—are contained in a paper to the Greater Cambridge Partnership's Joint Assembly. The headlines are:

- Over 70 % were in favour of the future transport network, with more buses to more locations, cheaper fares and longer operating times supported by better walking and cycling infrastructure to give people faster, cheaper and more reliable travel alternatives to the car.
- 58 % opposed the proposed Sustainable Travel Zone (STZ) as the means for delivering the transport vision. Opposition increased with age from 35 to 64, with 55-64 year olds the most likely to oppose. Those who lived outside Cambridge were also more likely to oppose.
- 34 % supported the STZ as proposed. Support was highest among the youngest and the oldest respondents, who are more likely to find it most difficult to access education and healthcare due to the limitations of the existing bus network. Support was highest in the centre and west of Cambridge.
- Around half of those who opposed the STZ did support the vision for better buses.
- The views from organisations such as

business, healthcare and others were broadly supportive of the plans but with caveats about the impact on staff or those who were vulnerable.

The reasons for supporting or opposing varied but covered a variety of areas.

- Those who supported the proposals were keen to get more frequent bus services, would be able to cycle more safely and generally were positive towards the idea of a charge to tackle climate change and reduce congestion.
- Those who opposed felt the exemptions didn't go far enough, and perceived a charge to be unfair, in particular on those travelling to Addenbrookes, and also believed there would be a negative impact on jobs.

With a large number of free text responses in the survey to supplement the

'closed questions', a lot of detail is now available about what people feel could be positive amendments to the scheme. These included changing the rate for cars, changing the hours, amending the discounts and exemptions, and altering the boundaries.

No decisions have been made. We will need time to absorb the detail of this consultation and consider how to progress with improving public transport.

Details of the scheme is available via the Consultation website; <https://bit.ly/42vTjJq>





## Bar Hill Village Hall

The Hall was first built in 1978 for use by the residents of the village as a social centre; a place to meet and to hold educational and recreational classes for the community. This founding principle is the corner-stone of the Village Hall's life today, with hundreds of members of the local community using the buildings every week, including a number of regular hirers based both within the village and the surrounding area.

## Facilities and Governance

The site has undergone various small extensions and a complete rebuild over the years to continually improve the facilities such as the provision of WiFi.

The large Main Hall has multi-purpose vinyl flooring, making it flexible for all types of events. There is a kitchen alongside the Hall with a serving hatch, making it useful for self-catering at parties, discos and the like. The licensed bar can be booked on request and will be serviced by the Sports and Social Club. The Hall opens out onto a large patio area that is ideal for external activities or a spill-over for internal events and has two bolted gates that lead off the premises.

There is also a small Meeting Room, with its own independent access and great for meetings of up to 10 people.

The Village Hall is a UK-registered charity (number 1002579) and run by a committee of trustees who are committed to the on-going development of the Village Hall's role as a key community facility.

To make a booking, please visit our web site [barhillvillagehall.com](http://barhillvillagehall.com) and then email [enquiries@barhillvillagehall.com](mailto:enquiries@barhillvillagehall.com) to confirm arrangements.

Alternatively, call **01954 782414** and leave a message. We aim to return calls within 24hours (Monday to Friday).



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## BAR HILL PARISH COUNCIL

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01954 780456 - [clerk@barhill-pc.gov.uk](mailto:clerk@barhill-pc.gov.uk)

Chairperson: [bunty.waters@barhill-pc.gov.uk](mailto:bunty.waters@barhill-pc.gov.uk)

### Correspondence

For any correspondence please contact the Clerk in the first instance on [clerk@barhill-pc.gov.uk](mailto:clerk@barhill-pc.gov.uk) or 01954 780456.

### Opening Hours

The Parish Council Office will be open Monday to Friday 09.30-11.00, but appointments can be made outside these times by prior arrangement.

### Next Meeting Dates

Environment & Amenities: 5 July 2023

Full Council: 20 July 2023

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## Bar Hill NWR - July 2023

Bar Hill NWR (National Women's Register) is a friendly group of like minded women who meet, now in The Octagon, every two weeks discussing a variety of topics.

**July 6th - if you could spend a month in any period of history when would it be?**

**July 20th - fascinating/curious English expressions**

If you are interested in joining please contact the Local Organiser Marie-Thé on 780329 or her deputy Julie on 201502.



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# Bar Hill Primary School

Back in April, to mark Earth Day, children designed posters to demonstrate support for environmental protection. They are now on display in Bar Hill Library for the community to enjoy.

We are delighted to confirm that following verification, we have been awarded the Carnegie Centre of Excellence for Mental Health in Schools 'School Mental Health Award' – Silver Status!

On the 22nd May we celebrated World Cultural Diversity Day. Thank you to the parents who volunteered to host a stall throughout the morning - we were able to immerse the children into culture from Holland, China, Bulgaria, Bangladesh, India, Romania and Poland. Every child in school visited and enjoyed the opportunity to experience food samples, traditional dress, written word, art, music and more.



During the afternoon each class focused on a country and produced art work to reflect this. We also researched the various languages we are lucky enough to speak in school. It was a wonderful opportunity for children with their roots in other countries to share their knowledge and skills with their peers.





### **Bar Hill Indoor Bowls Club**

We meet in the school on Friday evenings during term time only from 7.30 pm to 10pm with a 1/2 hour break for coffee. We are a very friendly group and we would love to have some new members. It doesn't matter if you have never played before just come along and join us one Friday, the cost is £2 per week but the 1st week is free.

So why not come along and give it a try?

If you would like more information please contact me on **01954 204171 / 07847 327709** or [\*\*barbara.page@live.co.uk\*\*](mailto:barbara.page@live.co.uk)

**Bar Hill Wellbeing Walks**  
... coming soon, on Tuesday mornings @ 11.

Watch this space!



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If you would like to join, please either come along to a meeting or contact Wendy Arrowsmith on **01954 781381** or Malcolm Cox **01954 488657**.

Our meetings for 2023 will be held in The Meeting room of the Octagon at 7.30pm on 28th September and our AGM on 26th October. We will also have a stall in the Church for the village fête.



The opening hours for Bar Hill Library are:

**Monday, Wednesday:** 10 – 5pm

**Tuesday:** 2 – 5pm

**Thursday,**  
**Sunday:**  
Closed

**Friday:** 2 – 5pm

**Saturday:** 9.30 – 12.30pm

We look forward to seeing you there!

### Need help with your bus pass?

If you want help applying for a bus pass, or renewing it, drop by Bar Hill Library and we'll help you, including by taking a suitable photo.

If you're applying for a concessionary bus pass for the first time you may need your national insurance number, proof of age or disability, and proof of address.

Please see the council website for details (<https://bit.ly/3ztSmX9>).

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## Crafts Shed - July 2023

CraftsShed members continue to meet in the Octagon Meetings Room, on Thursday Mornings from 0930 to 1230. Whilst extremely grateful to the Leadership of Bar Hill Church for letting us do this we still require new accommodation of approximately 60 to 80 Sq Metres. We are working with both the Parish Council and County Council to help find and secure a suitable venue. We believe purchasing a Unit for ourselves will be in the Region of £25 - £30.K. As this goes to press there will be a new storage shed erected behind the Octagon. This has been funded by a "Community Chest Grant" from Cambridgeshire County Council for which we are extremely grateful.

CraftsShed is a Registered Charity supporting our local Community. Many various benches have had a makeover in our village in the Children's Playground, Tennis Courts, Allotment Society and also near to the Scout Hut. Other items repaired / upgraded are a Rocking Chair, Garden BBQ Trolley.

Harris and Hoole have kindly offered for us to have a small display. Please visit the coffee shop and purchase if you can. If you cannot see what you want then contact those below.

Individuals will continue to help make items, and as a group we will undertake small projects for our Community. The new shed which is for storage only will enable us to continue to make items. There will be a display outside of the Octagon weather permitting.

If you are over 18 and would like to come and join us, please contact Chris or Nick below.

If you would like further information please call Chris Stannard **07711 623425** or Nick Gunton on **07484 2555214**



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— Jonathan Nunn

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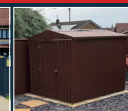
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\*term time only

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or more children £4 refreshments and snacks included

We look forward to seeing you at our next session



## Memorial Garden - July 2023

If you have ventured into the Memorial Garden recently you cannot help noticing the major improvement. The Team now supported by new colleagues undertook a major clear up. The Spring Clear Up took place on Friday 6th May. Many thanks for all those that took part, your help is appreciated.

Summer is approaching. It is lovely to see the plants pulling through.

Shortly you will see an extension to the bow top fencing, extending it to the Spine Path. This will stop individuals cutting the corner of the grassed area.

Memorial Garden Sleepers. As reported previously these are in need of replacement as soon as practicable. We have a quotation from a Professional Landscaping Company. Costing £3900. We only have £1500 towards this cost we are therefore appealing to our Community to help fund the replacement sleepers. The plaques will be preserved in a manner that we can transfer them to the new Sleepers.

We are seeking financial help from The Parish Council, The Community Association, Cambridgeshire Community Chest, The Co-Op. However, can “YOU” also help financially towards these being replaced. Cheques may be left at 7 Acorn Avenue made payable to Bar Hill Memorial Garden or alternatively paid directly into Bar Hill Memorial Account at the Cambridge Building Society Account Number 1768402740 If you wish to talk to someone re a donation then please phone Chris on the numbers below.

Should you wish to place a Memorial Plaque then contact Chris Stannard on **01954 781978** or **07711 623425**. Email [c.e.stannard1@gmail.com](mailto:c.e.stannard1@gmail.com)

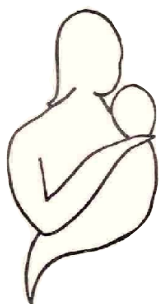




## Friends of the Rosie

We would like to wish all our supporters a wonderful summer and all the very best of health throughout 2023.

On Saturday 2nd July, the UK is coming together to celebrate Thank You Day and honour the unsung heroes who have made a difference in our lives. This is the day to express our gratitude and appreciation to those who have gone above and beyond, especially during the past year.



Come and say thank you in person at

- The Bar Hill Village Fete on the village green and church centre from 2pm on Saturday 8th July
- The Summer Fete in Orwell Village Hall 11.30am - 3.30pm on Saturday 29th July
- Waterbeach Community Market at Waterbeach Barracks 10am-3pm on Sunday 17th September

We are sharing our extensive catalogue on our facebook page [www.facebook.com/RosieinStitches/](https://www.facebook.com/RosieinStitches/) so you can grab yourself locally sourced, unique, beautifully crafted gifts for special friends and family.

Thank you for your continued support, bringing our fundraising in 2023 up to £975.

We are continuing to accept donations of unwanted crafting materials for our crafters to use or for us to sell on eBay. We are still recruiting new crafters to our team.

New members are always welcome, whether to join our committee, contribute financially, to join our team of crafters or display a small selection of our wares. Contact Mary Sanders on 01223 356615. Further details are given on our website <https://www.rosieinstitches.org.uk>.

Thank you for your continued support.

Avril Williams **01954 782431**

[avril@rosieinstitches.org.uk](mailto:avril@rosieinstitches.org.uk)

and Jo Hall **01954 780304**

## Bar Hill Ladies Book Club

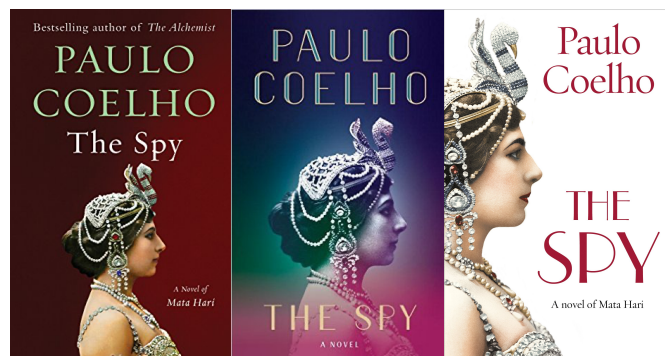
Meeting Monthly

Next meeting: Tuesday July 18th

Bar Hill Sports & Social Club – 7.30pm.

We are a friendly group of ladies who love to read & share our opinions & thoughts.

Please join us , you will be so welcome.



This month's book is "The Spy" by Paulo Coelho

For more details please email [sheilafarrar@hotmail.co.uk](mailto:sheilafarrar@hotmail.co.uk) or call/text **07920 558319**

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## **Fear of Flying (Flying Phobia)**

We are often asked to prescribe sedative drugs, such as diazepam (Valium), for fear of flying. We have recently agreed a practice policy that we will no longer prescribe these drugs for fear of flying.

There are a number of good reasons why prescribing of drugs such as diazepam is not safe or recommended as other treatments are safer and more effective.

We recognise that fear of flying is real and frightening and we don't underestimate the impact it can have. We recommend tackling this properly by using self-help resources or considering one of the 'Fear of Flying' course run by many airlines. We do not recommend any specific course but you may find the following websites useful.

- NHS: [www.nhs.uk/mental-health/conditions/phobias/self-help/](http://www.nhs.uk/mental-health/conditions/phobias/self-help/)

## **Heatwave & Very Hot Weather**

Most of us welcome hot weather, but when it's too hot for too long, there are health risks. In England there are on average 2000 heat related deaths every year. If hot weather hits this summer, make sure it does not harm you or anyone you know.

### **Why is a heatwave a problem?**

The main risks posed by a heatwave are:

- not drinking enough water (dehydration)
- overheating, which can make symptoms worse for people who already have problems with their heart or breathing
- heat exhaustion and heatstroke

### **Who's most at risk?**

A heatwave can affect anyone, but the most vulnerable people are:

- older people – especially those over 75
- those who live on their own or in a care home

- people who have a serious or long term illness
- those who may find it hard to keep cool – babies and the very young, the bed bound, those with drug or alcohol addictions or with Alzheimer's disease
- people who spend a lot of time outside or in hot places

The top ways for staying safe when the heat arrives are to:

- look out for others
- close curtains on rooms that face the sun
- drink plenty of water
- never leave anyone in a closed, parked vehicle, especially children or animals
- try to keep out of the sun around midday
- take care and follow local safety advice, if you are going into the water to cool down
- walk in the shade, apply sunscreen and wear a hat, if you have to go out
- avoid physical exertion
- wear light, loose fitting cotton clothes

For more information please visit the NHS website.

## **Carers Meeting**

If you are a carer for someone and need advice and financial or emotional support, please come along to our carers support meeting on Weds 2nd August at Willingham Surgery, where we will be holding a drop in meeting between 2pm and 4pm. Please come along and get some support from other people in the local community.

Refreshments provided, no need to pre-book and completely FREE!

Meetings are held on the first Wednesday of every month at Willingham Surgery. Please contact Sue Lawson at the surgery or email her at [susan.lawson7@nhs.net](mailto:susan.lawson7@nhs.net) for info.



## Hedgehog Fact

Hedgehogs' earliest relatives lived around 125 million years ago.

In 2015, a team scientist working in Spain discovered fossilised remains of a mammal related to the hedgehog. This finding was especially important as it was the first time scientists observed spine like structures in Mesozoic mammals. The animal's size, as well as the existence of keratin structures, led scientists to compare the 125-million-year-old fossil to both spiny mice and hedgehogs.



## Helping Hedgehogs in July

When hoglets reach 3 to 4 weeks old, they will go out with their mother to forage for food, returning afterwards to the nest to continue taking their mothers milk. They will leave the nest for good, usually at around six weeks.

For advice on hedgehogs contact: Liz Dams -**07912 988898** / Shepreth Hedgehog Hospital - **07947 361187**



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## Bar Hill Colts

As the football season comes to an end we would really like to thank everyone who has been involved this season and to everyone who

has helped along the road to help us get to where we are. We are super proud of many things this season and a big highlight for us as a club is Bar Hill Tornadoes Blues u15s who won the A league and were unbeaten. A great achievement for not only the team but the whole club. Massive congratulations to all the team who have worked so hard to get there.

We are really excited to see what next season brings and have lots of exciting things in the pipeline.



**Looking for opportunities to volunteer? Want to use or develop new skills? Computing, English, Marketing, ... ?**



# BHCA

**We'd love to hear from you at the Bar Hill Community Association (BHCA).**

**Please get in touch:**

**[volunteering@barhill-ca.org](mailto:volunteering@barhill-ca.org)**

**07814 871 752**

## PUZZLE - July 2023

**Across-** 1.of ones middle, 7.turned to gas, 8.impracticable, 10.state of being before time. **Down---** 1.proceed forward, 2.a swim or a meal component, 3.A vermouth or a french composer, 4.GPs, hospitals etc, 5.equipment for scaling, 8.neither---, 9.honey? bumble?



Bar Hill Pre-School

We returned at the start of June celebrating the warmer weather with an ice cream shop, in our role play area introducing conversations on our favourite flavours and simple number sums. We also are practising sequencing numerals 1-10.

Our focus this term is the local environment and the wider world. We have invited our parents to come in and share experiences they have from other countries.

In May we completed walks around the village green for the Dogs Trust charity and we will have a session focussed on stories in our pyjamas, this month raising funds for Book Trust 'Pyjamarama'.

Interested in finding out more and booking a place for your child? Contact [enquiries@barhillpreschool.co.uk](mailto:enquiries@barhillpreschool.co.uk) or call **01954 782892**. You could also visit our website [www.barhillpreschool.co.uk](http://www.barhillpreschool.co.uk) for an enrolment form.

Children are offered places from the term after the child's second birthday. We are open 9am-3pm in term time only. Funding and Childcare payment schemes are accepted.



## BAR HILL POST OFFICE

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**Tue 09:00-14:30**

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**Sun Closed**

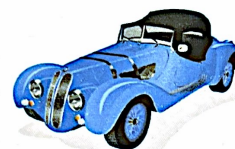
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## SATURDAY 8TH JULY @ 2 PM

For more information please see [www.barhill-ca.org](http://www.barhill-ca.org) (under Activities > Fête & Festival).  
Stalls can be booked via [fetebookings@barhill-ca.org](mailto:fetebookings@barhill-ca.org)

